

INDULGE

golden win for mocktail king

Edward Johns took his pride for the Southland Stags rugby team and turned it into a winning drink. His drink, The Southern Man Mocktail, won gold at the regional part of the New Zealand Junior Hospitality Challenge. **Craig Lawson** reports.



King of mocktails: Southland's mocktail king Edward Johns displays his winning drink, which he based on the Southland Stags rugby team.



In style: Stylish glasses are essential for when entertaining at home and they look more presentable.

SOUTHLAND'S mocktail king Edward Johns, 18, will now take his winning drink to the national competition in Auckland on October 6. He based the mocktail on the Southland Stags rugby team because he is a proud Southlander. "I am a big fan of the Stags, and John Hardie is an awesome player," he says. Johns starting cooking classes three years ago and has found some extra benefit in having flair with food. "I enjoy cooking and have found it a great way to impress the ladies," he says. He entered the competition because of the popular trend in mocktails. Mocktails are more exciting than orange juice at a party and they look more impressive, he says. It took him an afternoon of mixing different flavours to come up with the winning drink. "I wanted to come up with something new and use a local theme."

In his final year at Southland Boys' High School, he wants to pursue a career in hospitality and own a luxury lodge. "I would like to own a farm one day but have a lodge on it, like Blanket Bay," he says. But right now he is focused on winning the national competition. "I want to bring back a medal."

Hints and tips
For Indulge readers who are getting ready for the entertainment season Johns shares his best mocktail tips.

Muddling:
Muddling is when you combine and then mash the ingredients in the bottom of a glass. This extracts the full flavour of what you are muddling and works well for citrus flavours.

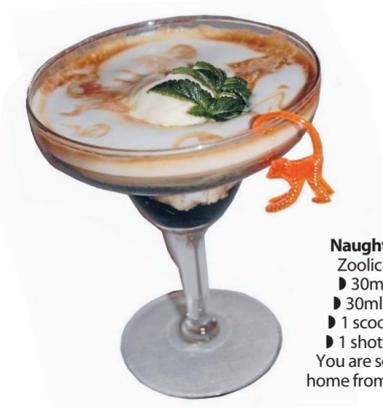
- What you need:**
- Johns' standard mocktail kit
 - Cocktail shaker
 - Measure cup (gives a double or single)
 - Muddling stick
 - Martini glasses



- Nice:**
The Southern Man Mocktail - The Stag
- 1 scoop Deep South berry sorbet
 - 45ml cranberry juice
 - Schweppes ginger beer
 - 15ml Charlies Old Fashioned blackcurrant and raspberry lemonade
 - 1 small piece of ginger
 - 30ml sugar syrup
 - Frozen cranberries
 - A lime

Muddle together the lime, ginger and sugar syrup in a cocktail shaker. Add cranberry juice, Charlies and the sorbet. Shake well then pour into a cocktail glass. Top with ginger beer. Garnish with cranberries on a stick. You are so nice, you tackle like a girl.

naughty or nice



- Naughty:**
- Zoolicious
 - 30ml Opal Nera
 - 30ml vodka
 - 1 scoop of icecream
 - 1 shot of espresso
- You are so naughty. This is your breakfast after arriving home from being out all night.

or

Which one will you be this weekend?

man up, ladies

If you want to be fashionable on a budget, start dressing like a man. For that, look no further than your fella's closet.



Greta Garbo



Katie Holmes



Katherine Hepburn

THERE'S something alluring, even hot, about women crossing the gender highway and borrowing from the boys. Think Garbo and Hepburn in their mannish pants. Katie Holmes in her oversize cuffed "boyfriend" jeans. And there's not a woman alive who doesn't look good in a crisp white shirt.

If you go shopping, you'll see loads of brand-new pieces inspired by what men wear. Look for boyish blazers in classic navy and tweeds, slouchy jeans fuller at the hips and "grandpa" sweaters, a buttoned V-neck.

But if you're cash-strapped like most of us, you'd probably rather borrow than buy. Why not launch closet raids on the men in your life, whether son, brother, husband, boyfriend, dad - or even granddad?

His jeans, a vintage rock T-shirt, a woven belt, a dress shirt - all are fair game. And if your guy's size

or selection doesn't suit you, secondhand stores are another great and frugal source of menswear. For just a few bucks you'll walk away with a bagful you can cinch, layer and glam up.

You'll find racks and racks of men's jeans, shirts and suits. With a belt, a needle and thread (or even a small investment in alterations), you're ready for your closeup.

"There's a sort of eclectic, irreverent vibe to the (menswear) style," says Gregg Andrews, a fashion director for US department chain Nordstrom. "But you have to look in the mirror and make sure you're not looking sloppy. It can be unflattering and overpowering if you don't do it right."

In other words, there's more to this look than just throwing on oversize clothes and calling it current. "The look isn't androgynous," says Andrews. "You always need something that keeps it feminine."

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