

spring spectacular

Indulge reporter **Craig Lawson** finds out how refreshing spring fashion can be.

SPRING has arrived so get out of bed, pull back the curtains and throw away everything black.

It's time to sparkle!

This is the absolute best time to update your wardrobe.

The designers have filled the racks with so many colours you need sunglasses just to get in the stores.

But before you go filling your wardrobe with gorgeous clothes it might just help to get rid of the clutter first.

Shape Chic stylist Becky Bellow says giving your wardrobe a spring clean can be a refreshing experience.

"But getting started can be hard, especially if you have many sentimental pieces," she says.

First start by clearing a space on the floor where you can create two piles of clothes; the yes pile, and the never again (oh my God did I wear that) pile.

"Then attack your wardrobe and be ruthless, if you haven't worn it for a year then throw it out," she says.

Having a friend to give advice on what you should keep and what to throw away, could also be helpful.

But maybe not, if one look at your wardrobe could send them laughing out the door.

"When deciding, hold on to pieces you still wear often and your classic pieces like black dresses, white shirts and trench coats," she says.

Then once you have your two piles of clothes, place the keepers back in the wardrobe on nice matching hangers.

Having matching coat hangers for your wardrobe will make your wardrobe look seamless.

"Make sure to place the garments back in their individual categories, as it makes the garments more accessible," she says.

Remember take the "no" pile to the charity shop next time you are in town.

Also have a certain space for your shoes, keeping them nicely lined up can look impressive when on display.

Becky's tips on how to give your garments a fresh look:

- Bring sexy back - take that knee-high skirt and make it a mini. All you need is some scissors, heat-activated tape and an iron.

- The tie-dye trend is an easy way to change the colour of any dress. You can get tie-dye kits from most fabric stores.

- Just adding a bright-coloured belt can make that old tired dress look new again.



Hopegood:
Shift dress
Short and sweet
Abstract print



Max:
Denim shorts
Stud detailing
Short and sexy

Pieces you should not live without this spring



Barbara Lee:
Sequin and silk dress
Bubble hem is so flattering
Sequins for that extra sparkle



Just Jeans:
Maxi dress
Long and flowing
Circular tie-dye pattern

Nine Body Coverage:
Sweet heart neckline
Original 1950s design
Old style glamour



fashion & comfort



Red/Tan & Ice



Red & Black

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naughty or nice

Which one will you be this weekend?



Naughty - Monteith's Apple Cider:
Enjoy over ice.
You are so naughty this is the only way you will have fruit.

or



Nice - Bora Bora:
200ml apple juice
Splash of passionfruit pulp
Freshly squeeze half a lemon
Grenadine down the side.
Pour ingredients over ice.
Lovely and light - you are an absolute delight.



If you are going to let something get this close, it had better be this good!

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